

# Register Now!

## New Programs for the New Year!

Unless otherwise noted, all classes, workshops, and gatherings will be held at The Well Gathering Center in Towson.

### WELL-COME Day

Come and visit, bring friends!

Meet some of our leaders and learn more about our programs.

Tuesday, January 7, 2014 (9:30 - 11:00 am or 7:00 - 8:30 pm)

### Group Spiritual Direction (GSD)

Monday, January 6 (New evening group begins)

Group will meet monthly.

### Women at the Well

Beginning the week of January 8th

Wednesdays, January 8 - February 26, 2014 (9:30 - 11:30 am)

Thursdays, January 9 - February 27, 2014 (9:30 - 11:00 am)

Mondays, January 13 - April 21, 2014 (7:00 - 8:30 pm)

### Mystics: Loving the World with Mary Oliver

Come to one or all!

To be held at Emmanuel Monastery,

229 W. Jobba Rd., Lutherville MD 31093

Thursdays, January 9, 16, & 23, 2014 (1:00 - 3:00 pm)

### Understanding the Enneagram Series

Wednesdays, January 15, 22 & 29 (7:00 - 9:00 pm)

February 5, 12, & 19, 2014 (7:00 - 9:00 pm)

### The Creative Way

It's time for a creative adventure!

Required Text: *The Artist's Way* by Julia Cameron

Thursday, January 30 - March 20, 2014 (7:00-9:00 pm)

### Waiting as Spiritual Journey

Based on Sue Monk Kid's Book: *When the Heart Waits*

Thursdays, February 20 - April 10, 2014 (7:00 - 8:30 pm)

### Letting Go as Spiritual Practice

Tuesday, February 25, 2014 (9:30 am -12:30 pm)

### Celtic Spirit Retreat Day

Saturday, February 1, 2014 (9:30 am - 3:30 pm)

### Mystics: Loving the Poor with Oscar

Romero

To be held at Emmanuel Monastery,

229 W. Jobba Rd., Lutherville MD 31093

Monday, March 10, 2014 (1:00 - 3:00 pm)

### Science Meets Spirit

March 12, 2014 (7:00 - 9:00 pm)

March 26, 2014 (7:00 - 9:00 pm)

April 9, 2014 (7:00 - 9:00 pm)

April 23, 2014 (7:00 - 9:00 pm)

### Lenten Lectio and Lunch

Thursday, March 14, 2014 (9:30 am - 12:00 pm)

### Reel Spirit- First Sunday of Each Month

A free 30 minute group discussion following the movie.

The Charles or Senator Theatre

Sundays, January 5, February 2, March 2, April 6, May 4,

June 1, & July 6, 2014

### Creative Journaling Community

Fridays, January 24, March 28, May 23, 2014

(9:30 - 11:30 am)





## Ebb and Flow

BY SUTTON DISCHINGER

John O'Donohue, Celtic Mystic – Ever wonder how to go on a pilgrimage and never leave home? Diane Finlayson set the stage for our inner journey by encouraging participants to put everything aside, relax and remain present. She then filled us in with historic and chronologic details of Ireland's sacred history. We watched an unforgettable movie, *A Celtic Pilgrimage* with John O'Donohue. He walked us through his favorite sacred places, and spoke with such devotion and dedication to his country, his family, his God. We enjoyed readings of his poetry. I can still close my eyes and hear his soothing voice, and delight in the sea, and the rock named Ireland. I continue to reminisce about this beautiful adventure, an inner pilgrimage we took together. And this all happened right here at The Well!

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We invite Journeymen to let us know what Pilgrimage locations they have in mind.

Please leave us a message by phone, email or Facebook:

Email: [sutton@wellforthejourney.org](mailto:sutton@wellforthejourney.org)

Phone: 410.296.9355

Facebook:

<https://www.facebook.com/pages/Well-for-the-Journey/124308030933089>

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## What's on Your Night Stand?

### ***The Unlikely Pilgrimage of Harold Fry***

by Rachel Joyce

REVIEWED BY MABETH HUDSON

*The Unlikely Pilgrimage of Harold Fry* by Rachel Joyce is a quirky, sweet book about a man named Harold who appears stuck in his life, simply going through the motions. His awakening begins when he decides to journey by foot 600 miles across England to visit a dear friend, Queenie, who is dying. Harold believes that if he makes this journey, Queenie will live. His journey

begins unexpectedly, without planning or thought. He walks to the post office to mail Queenie a letter, but decides that it is inadequate. Instead he keeps walking. As he puts one foot in front of the other, he encounters people and experiences that teach, irritate, challenge, and ultimately transform him. The book offers twists and turns and meaningful insight into pilgrimage; it is less about the destination and more about life's encounters along the way.